

TOLDOT/GENERATIONS Bereshith/Genesis 25:19-28:9

The story of the **generations** of **Isaac and Rebekah** begins with **drama**:

Bereshith 25:19 And these are the generations (תוֹלְלְּחֹ) of Isaac, Abraham's son. Abraham begot Isaac. 20 Isaac was forty years old when he took Rebekah as wife, the daughter of Bethuel the Syrian of Padan Aram, the sister of Laban the Syrian. 21 Now Isaac pleaded with היותר, (Yahweh) for his wife, because she was barren; and היותר, granted his plea, and Rebekah his wife conceived. 22 But the children struggled together within her; and she said, "If all is well, why am I like this?" So she went to inquire of היותר, 23 And היותר, said to her: "Two nations are in your womb, Two peoples shall be separated from your body; One people shall be stronger than the other, And the older shall serve the younger."

The animosity between Jacob and Esau began before they were even born. They are of opposite natures and totally incompatible. Rebekah alone was informed of the different destinies of her children. Apparently, Isaac was unaware of their duality, and consequently, of their separate futures.

Bereshith 25:24 So when her days were fulfilled for her to give birth, indeed there were twins in her womb. ²⁵ And the first came out red. He was like a hairy garment all over; so they called his name Esau. ²⁶ Afterward his brother came out, and his hand took hold of Esau's heel; so his name was called Jacob. Isaac was sixty years old when she bore them.

The following is a quote from an article by **Bill Cloud** (www.billcloud.org) in his **Shoreshim** magazine (Winter 2007) concerning the **birth events** and the **names** given to the **twin boys** (emphasis mine):

"When the twins are born, the **first one** comes out **red and so hairy** he looks as if he is wearing a **garment** – a somewhat frightening thought if you consider this was Isaac's firstborn son. Due to his startling appearance, they decide to call him **Esau** (pronounced Esav) or "hairy". It needs to be pointed out here that the **name Esau**, as written in **Hebrew**, is related to the Hebrew word for "**grass**" and specifically the **unfruitful grass** – the **weed**, **the tare**. Following Esau is his **younger brother** who has his **hand** latched onto **Esau's heel** "so his name was called **Jacob**".

The **Hebrew name** that has been rendered as the English "Jacob" is **Ya'akov**. Throughout history, both **Jewish and Christian commentators** have **translated this name** as meaning "**supplanter**" or "**deceiver**." If we presume this **definition** to be **accurate**, then the **struggle** that had been **confined to the womb continued** to the very point of **birth** with **Jacob still determined to supplant his brother's birthright**. The "**evidence**" for this is the fact that his **hand** laid hold of his **brother's heel**. While it is true that the **root word** (**PP** - **akav**) that forms the **basis of the name Ya'acov** means "to **supplant**", it is also true that this **same root** means "**heel**". Furthermore, when the **letter** "**yud**, which is said to represent "a

hand", is attached to the word אמק" akav – a "heel" – it forms the name אין Ya'akov or Jacob. Considering the context, it seems obvious to me that Jacob, instead of meaning "supplanter", means "hand on heel".

Still, the question remains: "Why was his hand on his brother's heel?" If you consider that the LORD had chosen Jacob and not Esau (Mal. 1:2-3) then in time Jacob would become a threat to Esau's perceived primacy. So then, I submit to the reader that Jacob's hand is on his brother's heel to prevent the heel of his soon-to-be adversary from crushing his head (Genesis 3:15). If Esau's heel comes down on the top of Jacob's head – remember, they had been struggling – then it becomes likely that Jacob would be killed. If Jacob is killed, then there is no Israel! Now who would want to get rid of Israel?

Years later, when **Jacob** has obtained **both the birthright and blessing from Isaac**, it is **Esau** who makes the **claim that Ya'akov means "supplanter"** (Gen. 27:36). It should be noted that **Esau was profane** (Heb. 12:16) and **despised the birthright** (Gen 25:34) and thus, **any accusation he rails against Jacob** should be considered **suspect**." (end of quote)

The boys grow up and their differences continue to manifest themselves:

Bereshith 25:27 So the boys grew. And Esau was a skillful hunter (תְּבַׁיִב), a man of the field; but Jacob was a mild man, dwelling in tents. 28 And Isaac loved Esau because he ate of his game, but Rebekah loved Jacob.

Esau, described as a skillful hunter (tzayid - ביוֹם) and a man of the field (a farmer) is contrasted with Jacob who is a quiet man who dwelled in tents (a shepherd). The contrast between a farmer and a shepherd should bring to mind Cain and Abel, and Yah's preference for Abel. Also, although both professions concern animals, the relationship of the hunter towards a wild animal is the opposite to that of the shepherd and his flock.

The only other hunter (בוֹלֵיב) mentioned by name in the Bible is Nimrod, in Bereshith 10:9. In its Biblical usage, hunter (בּיִב') is a negative term. Its connotation is that of one who loves killing animals, and therefore has little conscience in killing a man. Jacob is called a mild man (tam - בּבוֹם). Jacob and Esau have opposite dispositions. One loves killing, and one protects life.

In Romans 7, Paul makes a midrash out of these twins as he pictures both of them at work in our own bodies. First, we have the inward man who delights in keeping the Torah (Jacob) which pictures the spiritual part within us. Second, we have the man of flesh, characterized by sin (Esau):

Romans 7:14 For we know that the Torah is spiritual, but I am of flesh, sold under sin.

We **desire** to do **good**, but like the **babes** inside of **Rebekah's womb**, there is a **war** going on **inside** of us:

Romans 7:15 For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do. ¹⁶ If, then, I do what I will not to do, I agree with the Torah that it is good. ¹⁷ But now, it is no longer I who do it, but sin that dwells in me. ¹⁸ For

I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find. ¹⁹ For the good that I will to do, I do not do; but the evil I will not to do, that I practice. ²⁰ Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me.

We need the grace of our Messiah to empower Jacob, the man of Torah within us, to overcome the sinful flesh (Esau):

Romans 7:24 O wretched man that I am! Who will deliver me from this body of death? ²⁵ I thank Yah -- through Yeshua the Messiah, our Adonai! So then, with the mind I myself serve the Torah of Yah, but with the flesh the law of sin.

Back to our Torah parasha.... we are told of a **preference by the parents**:

Bereshith 25:28 And Isaac loved Esau because he ate of his game, but Rebekah loved Jacob.

The interesting thing about this verse is there are **two different tenses** for the word "love". In the Hebrew, it literally reads that "Rebekah loves Jacob" (בְּבֶּבֶה אֹהֶבֶה אֹהֶבֶה אֹהֶבֶה אֹהֶבֶה אֹהֶבֶה אֹהָבֶה אוֹה). This is present tense and highlights the on-going, unconditional, and eternal value of her love. Isaac's love seems more conditional and is directly connected to Esau's hunting.

The next part of our drama concerns the selling of the birthright by Esau. The birthright was the firstborn's right to a favored position and a double portion of co-heir's inheritance. With his additional wealth, he was expected to rescue his siblings from any type of need. Living by the terms of the birthright meant being prepared to continue the spiritual legacy of Abraham. It quickly becomes apparent that Esau has no regard for the spiritual implications of the birthright:

Bereshith 25:29 Now Jacob cooked a stew; and Esau came in from the field, and he was weary. 30 And Esau said to Jacob, "Please feed me with that same red stew, for I am weary." Therefore his name was called Edom. 31 But Jacob said, "Sell me your birthright as of this day (kayom - בְּיִּרֹם)." 32 And Esau said, "Look, I am about to die; so what is this birthright to me?" 33 Then Jacob said, "Swear to me as of this day (kayom - בִּיִּרֹם)." So he swore to him, and sold his birthright to Jacob. 34 And Jacob gave Esau bread and stew of lentils; then he ate and drank, arose, and went his way. Thus Esau despised his birthright.

This is another interesting story that is full of **perplexing details**. I can't begin to give **definitive explanations**, but can present a **variety of thoughts worth meditating on**. In **verses 31 and 33**, Jacob wants Esau to swear to him "**as of this day**" (**kayom - בְּיִּוֹם**). Why is the **Torah** making a point of **accentuating** "**this day**" and why is **Jacob** "**cooking**" instead of "**studying in his tent**"? And what was so **special** about **lentil stew**?

The sages teach that "this day" was the "day" that Abraham died. Can you imagine the grief and the sorrow over the death of such a patriarch? How did the grandsons handle their loss? Jacob cooked lentil stew. Lentils, like eggs, were considered mourner's food. They are both round, illustrating the circular nature of life. One generation dies off, the next begins, in an unending pattern. The pattern will continue until death ends in the resurrection. This is consistent with

Hebrew thought where history is cyclical and constantly repeating itself. This is the opposite of evolutionary thinking which is a straight line, heading into an unknowable future. Thus, the eating of the lentils was a physical illustration of one of the Creator's spiritual principles.

So....how did the other grandson handle "this day"? Esau has been out on the hunt. In fact, the ancient Hebrew teaching is that "as of this day" (kayom - \(\sigma_{\text{o}}\)), Esau came up against another mighty hunter in the field...Nimrod. There was a battle and Esau killed both Nimrod and two of his men. Exhausted, he returns home, sees Jacob is cooking stew, and wants to eat NOW. He is still seeing blood as the literal translation of "the red stew" is "the red, red". But before Jacob will give him any, he commands Esau to agree to sell him his birthright. In fact, he asks him for an oath. In ancient times, an oath was a sacred act which made a commitment irrevocable. Of course it would have been easy for the violent Esau to wrestle the food away from his brother, but the birthright was meaningless to him, so why bother? Now catch the staccato sequence of Esau's actions (Bereshith 25:34). I'll transliterate it also, for all to read it out loud to see how it sounds in the Hebrew:

Vayochal vayeisht vayakam vayeilach vayivez Esav et habchorah.

And he ate, and he drank, and he got up, and he left, and Esau despised his birthright.

The terseness of the text suggests the lack of reverence that Esau gave to his birthright. He lives for his needs of the moment thereby rejecting the future for the present. Esau was more concerned with his own worldly pursuits, and to him, the birthright was nothing more than a burden. Esau despised the covenant because he was enamored with himself, giving little thought to his future descendents. As the firstborn, his job was to establish the covenant, but he chose to reject it. He let his belly become his god as he focused on earthly things!

Philippians 3:18 For many walk, of whom I have told you often, and now tell you even weeping, that they are the enemies of the tree of Messiah: ¹⁹ whose end is destruction, whose god is their belly, and whose glory is in their shame -- who set their mind on earthly things.

So what was **Jacob's motive** in **requesting the birthright from Esau? Jacob** had a **vision** of the **destiny of his descendents**. He saw **Esau** as "**godless**" and **unable to continue the covenantal line**. The writer of **Hebrews** gives us a **true picture of Esau's character**:

Hebrews 12:15 looking carefully lest anyone fall short of the grace of Adonai; lest any root of bitterness springing up cause trouble, and by this many become defiled; ¹⁶ lest there be any fornicator or profane person like Esau, who for one morsel of food sold his birthright. ¹⁷ For you know that afterward, when he wanted to inherit the blessing, he was rejected, for he found no place for repentance, though he sought it diligently with tears.

Again we return to the parasha. **Isaac** will also **experience** a **time of famine**. **Unlike** his father **Abraham**, **he will not go to Egypt**. Instead, we find him "**sowing in the land**":

Bereshith 26:12 Then Isaac sowed in that land, and reaped in the same year a hundredfold; and 7777 blessed him.

להוה blesses Isaac for trusting Him by causing his crops to produce 100 times what was sowed!

Because it was a time of famine, this was a supernatural outcome! It was probable that others were barely surviving in this time of famine! Verse 13 indicates that this blessing just continued on and on!

Bereshith 26:13 The man began to prosper, and continued prospering until he became very prosperous;

As Isaac prospers, his wealth becomes a cause for envy and persecution by the Philistines. They manifest their anger by filling in the water wells, so vital to Isaac's success. These were the same wells which Abraham had dug years earlier:

Bereshith 26:14 for he had possessions of flocks and possessions of herds and a great number of servants. So the Philistines envied him. ¹⁵ Now the Philistines had stopped up all the wells which his father's servants had dug in the days of Abraham his father, and they had filled them with earth. ¹⁶ And Abimelech said to Isaac, "Go away from us, for you are much mightier than we." ¹⁷ Then Isaac departed from there and pitched his tent in the Valley of Gerar, and dwelt there. ¹⁸ And Isaac dug again the wells of water which they had dug in the days of Abraham his father, for the Philistines had stopped them up after the death of Abraham. He called them by the names which his father had called them.

This doesn't seem logical that the Philistines would fill wells with dirt during times of famine. Why would they make their own land uninhabitable? In the time of Abraham, a desert city's life revolved around its well because of its life-giving water. It should be understood that each time Abraham dug a well, he gave it a name that testified to some aspect of the true nature of אירור וויד אירון. Because of the importance of the well, everyone would be aware of its name, thus each well was to serve as a witness to all living in the area. When Abraham died, the locals reverted back to their idolatry and stopped up the wells in order to erase his teachings from their memory. Then Isaac returns, digs the same wells, gives them the same names, and resumes the witness of the greatness and the glory of the Almighty. After picking up where Abraham left off, Isaac's servants come upon a well of "living water" (mayim chayim - מְנִיִם מִנִים מִנִים וּבּיִם מִנִים וּבּיִם מִנִים מַנִים שׁ the wells that have been dug to this point, this is the first time we find this expression describing the water:

Bereshith 26:19 Also **Isaac's servants** dug in the valley, and found **a well of living water** $(D^{r,r}D)$ there.

Living water....now that should sound familiar. Consider the process that Isaac and his servants went through. As they redug the same wells of Abraham, they symbolically reclaimed the truth. The lessons that they learned from Abraham's witness enabled them to find the lifegiving well of living water (בוֹיִים בְּיִים). It is fascinating that from this point on in the Scriptures, the expression "living water" will only be used as a reference to the Almighty Himself:

Jeremiah 2:13 "For My people have committed two evils: They have forsaken Me, the fountain of living waters (מֵיִם בְּיִבּים), And hewn themselves cisterns -- broken cisterns that can hold no water.

Jeremiah 17:13 O לולד, the hope of Israel, All who forsake You shall be ashamed. "Those who depart from Me shall be written in the earth, Because they have forsaken לולד, The fountain of living waters (ביים דונים)."

We can certainly make a **connection** between this "**living water**" and the **teaching of Yeshua** as He **compares Himself to "living water"** when speaking to the woman of Samaria at a **well**:

It is through **faith in Messiah** that we receive "**living water**" (ロック):

John 7:38 "He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water ("" [7] [7]" [7]")."

Revelation 7:17 "for the **Lamb** who is in the midst of the throne will shepherd them and **lead** them to living fountains of waters ("," And Adonai will wipe away every tear from their eyes."

The **Hebrew Scriptures** also point to an **end times scenario** that we can **compare** to what we read in **Revelation**:

Zechariah 14:8 And in that day it shall be that living waters (מֵלֶם תַּנֶּים) shall flow from Jerusalem, Half of them toward the eastern sea And half of them toward the western sea; In both summer and winter it shall occur.

Revelation 22:1 And he showed me a pure river of water of life ($\square_{i}^{n}\square$), clear as crystal, proceeding from the throne of Yah and of the Lamb. In the middle of its street, and on either side of the river, was the tree of life, which bore twelve fruits, each tree yielding its fruit every month. The leaves of the tree were for the healing of the nations.

Revelation 22:17 And the Spirit and the bride say, "Come!" And let him who hears say, "Come!" And let him who thirsts come. Whoever desires, let him take the water of life (\$\mathbb{L}_{\text{i.}}^{\text{9}}\mathbb{T}\$) freely.

Let's continue. The name of our Torah parasha is "Generations". The question is... which of Isaac's two sons, or will they both succeed him as bearer of the destiny and covenant given to Abraham? Now let's note how things have gone to this point. Abraham was called by the Almighty to leave his country and his family, earning him the title of Hebrew. He was given a promise of descendents and land:

Bereshith 17:1 When Abram was ninety-nine years old, 1717 appeared to Abram...I will make My covenant between Me and you, and will multiply you exceedingly... ⁶ "I will make you exceedingly fruitful; and I will make nations of you, ... ⁸ "Also I give to you and your descendants after you the land in which you are a stranger, all the land of Canaan, as an everlasting possession; and I will be their Elohim."

The establishment of Isaac as Abraham's heir was both predetermined and explained to Abraham in advance. When Elohim announces Isaac's birth to Abraham, he clearly determines that this son will be the heir to the covenant:

Bereshith 17:19 Then Elohim said: "No, Sarah your wife shall bear you a son, and you shall call his name Isaac; I will establish My covenant with him for an everlasting covenant, and with his descendants after him.

רהוה commanded Abraham to send away Ishmael, his physical firstborn, for Isaac is the spiritual firstborn and inheritor of the covenant. Thus we understand that physical identity is separate from spiritual identity. Physical identity is established by birth, but spiritual identity is established and chosen by הרוה. Now we come to the story of Isaac and his successor. Whereas there were two mothers of Abraham's sons, Isaac has only one wife who gives birth to two sons. Judging by their births, it seems that they should both be declared Hebrews. With a description of the covenantal promise including countless descendents and the land of Canaan, the promise cannot forever continue to be the inheritance of only ONE son. The descendents need to begin to multiply. We have the benefit of hindsight as we can read the Torah and see that eventually it will be Jacob's entire family that will be chosen. However, let's see if we can begin to understand what perhaps Isaac was thinking when he intended on blessing Esau.

We already know that Isaac loved his son, Esau. It is not hard to understand the love of a parent for even a wayward and disobedient son. The Torah does not say that Isaac did NOT love Jacob. It just gives us a reason why he loved Esau. Isaac has no reason to believe that only ONE of his sons would be chosen by הורה and the other rejected. Thus let's make the assumption that Isaac is hoping that BOTH of his sons will join the chosen family. In chapter 27 we find Isaac preparing to bestow a blessing on Esau. What sort of blessing could this be?

The Torah speaks of two sorts of blessings. Rabbi Menachem Leibtag calls the first one the "bechira" (birthright - בְּלַרָה) – i.e. the Almighty's designation of Abraham and his offspring to become His special nation to inherit His special land. So far we have seen this "bechira" blessing

pass from Abraham to Isaac. It is Elohim who chooses who will receive the "bechira" blessing, not the birth father. But a simple blessing is called a "bracha" (blessing - בּרֶבֶּהְ). It is a blessing given by a father prophesying the personal destiny of his sons. Noah blessed each of his sons, and later we will read the account of Jacob blessing his 12 sons.

Now, having made this **distinction** between "**bechira**" and "**bracha**", let's read the **blessing** that **Isaac** prayed over **who he thought was his son, Esau**:

Bereshith 27:28 Therefore may Elohim give you Of the dew of heaven, Of the fatness of the earth, And plenty of grain and wine. ²⁹ Let peoples serve you, And nations bow down to you. Be master over your brethren, And let your mother's sons bow down to you. Cursed be everyone who curses you, And blessed be those who bless you!"

I ask you....do you see the specific granting of the covenantal land of Canaan? Do you see a promise for descendents who will become a special nation... i.e. that blessing was given to Abraham and Isaac? This does not appear to be the "bechira" blessing. In fact, Isaac would have already been aware that Esau had disqualified himself for the "bechira" blessing by marrying daughters of Canaan:

Bereshith 26:34 When Esau was forty years old, he took as wives Judith the daughter of Beeri the Hittite, and Basemath the daughter of Elon the Hittite.

We are told that **Isaac** is **blind**. This **may or may not** also include **spiritual blindness**. In the **Brit Chadashah** it is the **physically blind** who **see Yeshua**, while it is the **religious leaders** who are referred to as "**blind guides**":

Matthew 20:30 And behold, two blind men sitting by the road, when they heard that Yeshua was passing by, cried out, saying, "Have mercy on us, O Adonai, Son of David!"

Matthew 23:16 "Woe to you, blind guides, who say, 'Whoever swears by the temple, it is nothing; but whoever swears by the gold of the temple, he is obliged to perform it.'

Let's try to understand Isaac's thought process. Esau was aggressive and untamed. But Isaac loved Esau and desired for him to be blessed. If Esau's energy could be harnessed, he could be of benefit to his brother, Jacob, who would receive the "bechira". How qualified was Jacob to lead a nation? He was gentle. And he was untrained in the world's ways. Could he be a warrior for the family? Isaac may have thought that giving Esau some responsibilities would be the best thing for the continuance of the promises.

Now what about **Rebekah**? Had she kept the **prophecy given during her pregnancy to herself**? When she **heard Isaac instruct Esau** to **hunt game** and **return for a blessing**, did she **fear** he was **about to give** the "bechira" blessing, not a simple "bracha"? Did she take **matters into her own hands to fulfill prophecy, as did Sarah**:

Bereshith 16:2 So Sarai said to Abram, "See now, 7777' has restrained me from bearing children. Please, go in to my maid; perhaps I shall obtain children by her." And Abram heeded the voice of Sarai.

As a **result** of **Sarah's mistake**, we ended up with **Ishmael**. Because of **Rebekah's faulty reasoning**, we end up with an **angry and revenge-filled Esau**. Eventually **both** of these **tribes** will **join together in marriage** and become **enemies of Israel**. **Wow!** Look at the **damage** that can occur as a **result of our own faulty reasoning** and our **own attempt to push the promises of** להוד to **fulfillment!**

So based upon her evaluation of the situation, Rebekah encourages Jacob to deceive his father. Jacob is hesitant to enter into the deception, but none of his objections appear to be for moral reasons. Thus we can see that Jacob is also in need of character growth:

Bereshith 27:12 "Perhaps my father will feel me, and I shall seem to be a deceiver to him; and I shall bring a curse on myself and not a blessing."

When the real Esau arrives and must beg for another blessing, Isaac's initial response is that there is nothing more for him. Now remember that the "bechira" was NOT yet given. So we can deduce that it never was the intention of Isaac to bestow upon Esau the blessing of the birthright (bechira). Nor will he consider giving it to Esau now that he has been deceived. Isaac is disappointed and trembles:

Bereshith 27:32 And his father Isaac said to him, "Who are you?" So he said, "I am your son, your firstborn, Esau." ³³ **Then Isaac trembled exceedingly**, and said, "Who? Where is the one who hunted game and brought it to me? I ate all of it before you came, and I have blessed him -- and indeed he shall be blessed."

Isaac's plan of joining the two boy's futures has fallen through. It would be disappointing and heartbreaking to come to the realization that Esau, the son he loved, was literally in the same category as Ishmael. Isaac finds words for Esau. It is not referred to as any kind of a blessing:

Bereshith 27:39 Then Isaac his father answered and said to him: "Behold, your dwelling shall be <u>away from</u> the fatness of the earth, And <u>away from</u> the dew of heaven from above. ⁴⁰ By your sword you shall live, And you shall serve your brother; And it shall come to pass, when you become restless, That you shall break his yoke from your neck."

Check your **own translation of Bereshith 27:39**. Most will translate as follows:

Bereshith 27:39 And Isaac his father answered and said unto him, Behold, thy dwelling shall be of the fatness of the earth, and of the dew of heaven from above....

Alfred Edersheim stated over 100 years ago that this verse was mistranslated when it showed Esau was to go to a fertile and blessed location. Instead, the prophecy actually stated that the descendents of Esau would live away from the dew of heaven and away from the fat of the land. In fact, this perfectly describes the land of Edom which Esau inherited, that land located at the south end of the Dead Sea and stretching into the Arabian Peninsula.

Even if it was הוה"'s intention for Jacob to receive Isaac's intended blessing for Esau, the morally questionable act would not pass by without consequences. Jacob would receive his destined greatness, but he would pay a price for the dubious way in which he received it. Jacob and Esau would be at enmity with one another. There would be a constant cycle of servitude

and rebellion. Did either Jacob or Rebekah think about what a betrayed Esau would do? As a result, Rebekah would have to send Jacob away into exile. Before he goes, his father will give him the "bechira" blessing. One can only wonder what would have happened if everyone would have communicated, been honest, and trusted the Father:

Bereshith 28:3 "May El Shaddai bless you, And make you fruitful and multiply you, That you may be an assembly of peoples; ⁴ And give you the blessing of Abraham, To you and your descendants with you, That you may inherit the land In which you are a stranger, Which Elohim gave to Abraham."

What should be kept in mind is that **despite it all**, the **divine plan of הוה prevailed**. It's just that sometimes we make things so **difficult** by our **sprinting ahead of Him**.

Romans 8:28 And we know that all things work together for good to those who love Adonai, to those who are the called according to His purpose.

Shabbat Shalom!

Ardelle